The UBC School of Social Work acknowledges that we are located on the traditional, ancestral, and unceded territory of the xʷməθkʷəy̓əm (Musqueam) people.
UBC COVID-19 Protocols for in-class learning

You are required to wear a non-medical mask during our class meetings, for your own protection and the safety and comfort of everyone else in the class. For our in-person meetings in this class, it is important that all of us feel as comfortable as possible engaging in class activities while sharing an indoor space. Non-medical masks that cover our noses and mouths are a primary tool for combating the spread of COVID-19. Further, according to the provincial mandate, masks are required in all indoor public spaces including lobbies, hallways, stairwells, elevators, classrooms and labs. There may be students who have medical accommodations for not wearing a mask. Please maintain a respectful environment.

If you are sick, it is important that you stay home.

If you miss class because of illness:

- Ask someone to share their notes and please be in touch with the instructor.
- Be sure to consult the class resources on Canvas.
- If you are concerned that you will miss a key activity due to illness, contact the instructor to discuss.

If I (the instructor) am feeling ill: I will not come to class. I will make every reasonable attempt to communicate plans for class as soon as possible by email. Our classroom will still be available for you to sit in. In this instance:

- If I am well enough to teach, but am taking precautions to avoid infecting others, we may hold the class online. If this happens, you will receive an email informing you how to join the class.
- If I am not well enough to teach I may ask you to do an activity or read something in place of class time.
School Vision

Building upon a foundation of social justice and an ethic of care, we are a community of learners actively engaged in the development of critical, transformative knowledge for social work practice.

MSW Mission

The MSW program offers an accessible, advanced professional degree focused on social work practice in the fields of child and family welfare, health and social care, and international and social development, using a social justice lens. The purpose of this MSW program is to prepare our graduates to be competent social work professionals, equipped with state-of-the-art knowledge and skills, a critical analytic lens, and a social justice orientation.

Course Info

<table>
<thead>
<tr>
<th>Year/Term</th>
<th>Term 1, Winter 2021-22, September 14–November 30, 2021</th>
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<tbody>
<tr>
<td>Course Title</td>
<td>SOWK 528A (001): Social Work Practice with Groups</td>
</tr>
<tr>
<td>Credit Value</td>
<td>3 credits</td>
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<tr>
<td>Course Schedule</td>
<td>Tuesdays, 5–8pm</td>
</tr>
<tr>
<td>Course Location</td>
<td>Room 224, Jack Bell Building, 2080 West Mall</td>
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<thead>
<tr>
<th>Instructor</th>
<th>Office Location</th>
<th>Office Phone</th>
<th>Email Address</th>
<th>Office Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Christiana Bratiotis,</td>
<td>Room 236, Jack Bell</td>
<td>604.822.2460</td>
<td><a href="mailto:christiana.bratiotis@ubc.ca">christiana.bratiotis@ubc.ca</a></td>
<td>Virtual, by appointment</td>
</tr>
<tr>
<td>PhD, MSW</td>
<td>Building</td>
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Prerequisite and/or Corequisite

There are no pre-requisites required for this course.
Course Description

This course provides knowledge of and experience in working with groups as systems. It includes assessment of dynamics as well as developing skills in intervention modalities appropriate for working with various types of groups. This course aims to prepare advanced graduate students to provide psychotherapeutic and psycho-educational group interventions. The focus of the course will relate primarily to services for those who are dealing with mental health disorders and/or psychosocial stressors.

Course Structure and Learning Activities

This course incorporates a combination of lecture, large and small group discussion, experiential activities, and the use of film and other media.

Student participation is expected and you are asked to complete all required readings prior to class. This course seeks to foster a critical pedagogical environment and the development of critical consciousness around knowledge and learning. In approaching discussions and assignments, students are encouraged to share their ideas, academic resources and personal experiences as well as to reflect on their own social locations, including Aboriginal ancestry/settler status, gender, immigrant status, race, national or ethnic origin, social class, religion, gender identity, sexual orientation, age, and ability. Finally, students are expected to approach the learning process in the spirit of praxis—reflection/theory/action—so the rich insights produced in class can inform reflexive social work practice in the community. Respectful dialogue is expected for achieving a safe and productive learning environment.

Professionalism should be evident in conduct and assignments. Students should prepare all work with proper grammar, spelling, formatting and in a manner that reflects preparation for a terminal professional degree at the Master’s level. It is the student’s responsibility to secure assistance on assignments ahead of their due date. Course work will be evaluated on content, critical thinking, structure/formatting and clarity of presentation. Creativity, the incorporation of social work values and the advancement of multiple perspectives are also expected. Details on course assignments and evaluation are described in detail below.

Learning Outcomes

The course is designed to assist you in developing as a social work group worker. You are invited to learn how to position yourself as a facilitating force when working with groups. Specifically, the course will focus on helping you:

1. Describe the dynamics and developmental stages of groups in broadly defined social work settings.
2. Describe theoretical explanations of group process in clinical social work practice.
3. Identify and use significant research findings on the use of group theories and practice modalities in clinical social work practice.
4. Analyze the impact of the group worker’s social location on participants in the clinical practice of group work and adapt approach accordingly.
5. Demonstrate skill in selection of appropriate interventions using groups in a clinical setting.
6. Examine the components of effective group design.
7. Demonstrate leadership skills and ability to facilitate a group, including an awareness of the consequences of group interaction.
8. Analyze and evaluate the outcomes of various group experiences.
9. Discuss ethical and legal complexities associated with the use of group theory and practice in social work settings.

**Required Textbook(s) and Learning Materials**


All other required readings and media-based learning materials will be posted/linked on the course Canvas site.

**Assessment of Learning**

This course emphasizes the process of learning, collectively and individually. While the instructor and students recognize the importance of grades as a formal measure of achievement in a course, students are encouraged to work to their fullest potential and measure their success individually and not in comparison to other learners.

It is anticipated that as learners in a terminal professional Master’s degree program, you are interested in attending and participating actively and that you will be prepared to do so upon arrival at each class session. As such, there **will not** be a grade assigned for attendance and participation. The instructor will not make judgments about the reason for absences but does appreciate receiving communication ahead of your absence. A significant amount of learning takes place during class; you are responsible for understanding the material covered during your absence.

**Late papers/assignments are not accepted in this course.** (With rare exception and prior approval by the instructors, assignments can be submitted one week late for extraordinary circumstances only.) **Standing Deferred** are strongly discouraged and are granted in only extraordinary circumstances. If you recognize the need to request a **Standing Deferred**, a formal letter must be written and submitted to the instructor prior to the final class session.

**UBC Grading Criteria**

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Percent Range</th>
<th>Mid-Point</th>
<th>Description</th>
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<tr>
<td>A+</td>
<td>90-100</td>
<td>95</td>
<td>Represents work of exceptional quality. Content, organization and style are all at a high level. Student demonstrates excellent research and reference to literature where appropriate. Also, student uses sound critical thinking, has innovative ideas on the subject and shows personal engagement with the topic.</td>
</tr>
<tr>
<td>A</td>
<td>85-89</td>
<td>87</td>
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<tr>
<td>A-</td>
<td>80-84</td>
<td>82</td>
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### Course Schedule

<table>
<thead>
<tr>
<th>Session 1:</th>
<th>September 14, 2021</th>
</tr>
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| **Topic:** | Introduction to course and each other  
Syllabus review |
| **Read-Watch-Listen:** | asynchronous learning  
-- |
| **Do Together:** | In person class meeting, 5–8pm |

<table>
<thead>
<tr>
<th>Session 2:</th>
<th>September 21, 2021</th>
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| **Topic:** | Therapeutic factors in groups  
Interpersonal learning |
| **Read-Watch-Listen:** | Yalom: Preface, Appendix (p. 567-571); Chapters 1 & 2  
Canvas postings |
| **Do Together:** | In person class meeting, 5–8pm |

<table>
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<tr>
<th>Session 3:</th>
<th>September 28, 2021</th>
</tr>
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<tbody>
<tr>
<td><strong>Topic:</strong></td>
<td>Group cohesiveness</td>
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| **Read-Watch-Listen:** | Yalom: Chapter 3  
Canvas postings |
<table>
<thead>
<tr>
<th>Session</th>
<th>Topic:</th>
<th>Read-Watch-Listen:</th>
<th>Do Together:</th>
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<tbody>
<tr>
<td>4</td>
<td>October 5, 2021</td>
<td>Yalom: Chapters 5 &amp; 6</td>
<td>In person class meeting, 5–8pm</td>
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<tr>
<td></td>
<td>Tasks of the group therapist</td>
<td>Canvas postings</td>
<td></td>
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<td>5</td>
<td>October 12, 2021</td>
<td>Yalom: Chapter 7</td>
<td>In person class meeting, 5–8pm</td>
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<td>Transference and transparency</td>
<td>Canvas postings</td>
<td>In-class support group 1</td>
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<tr>
<td>6</td>
<td>October 19, 2021</td>
<td>Yalom: Chapters 8 &amp; 9</td>
<td>In person class meeting, 5–8pm</td>
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<td>Client selection and group composition</td>
<td>Canvas postings</td>
<td>In-class support group 2</td>
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<td>7</td>
<td>October 26, 2021</td>
<td>Yalom: Chapters 10 &amp; 11</td>
<td>In person class meeting, 5–8pm</td>
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<td>Creating a group: Logistics</td>
<td>Canvas postings</td>
<td>In-class support group 3</td>
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<tr>
<td>8</td>
<td>November 2, 2021</td>
<td>Yalom: Chapter 11</td>
<td>In person class meeting, 5–8pm</td>
</tr>
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<td></td>
<td>Middle phase of group</td>
<td>Canvas postings</td>
<td>In-class support group 4</td>
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<td>9</td>
<td>November 9, 2021</td>
<td>Yalom: Chapter 11</td>
<td>In person class meeting, 5–8pm</td>
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<tr>
<td></td>
<td></td>
<td>Canvas postings</td>
<td>In-class support group 5</td>
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<tr>
<td>Topic:</td>
<td>Ending phase of group</td>
<td></td>
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<tr>
<td>--------</td>
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| **Read-Watch-Listen:** | Yalom: Chapter 12  
Canvas postings |
| **asynchronous learning** |  |
| **Do Together:** | In person class meeting, 5–8pm  
In-class support group 6 |
| **synchronous learning** |  |
| **Session 10:** | November 16, 2021 |
| **Topic:** | Member roles and specialized therapy groups |
| **Read-Watch-Listen:** | Yalom: Chapters 13 & 15  
Canvas postings |
| **asynchronous learning** |  |
| **Do Together:** | In person class meeting, 5–8pm  
In-class support group 7 |
| **synchronous learning** |  |
| **Session 11:** | November 23, 2021 |
| **Topic:** | Specialized therapy groups: Indigenous and On-line |
| **Read-Watch-Listen:** | Canvas postings |
| **asynchronous learning** |  |
| **Do Together:** | In person class meeting, 5–8pm  
In-class support group 8 |
| **synchronous learning** |  |
| **Session 12:** | November 30, 2021 |
| **Topic:** | Wrap Up, Review & Celebration! |
| **Read-Watch-Listen:** | Canvas postings |
| **asynchronous learning** |  |

### Assignments

Evaluation of student performances will be based on assignment completion and weighted in the following way:

- **Assignment 1:** In-class Support Group Critical Analysis of Other  50%
- **Assignment 2:** In-class Support Group Critical Analysis of Self  50%

\[
\text{Total} \quad 100\%
\]

All written assignments must be submitted through the course Canvas site as a Word document (this is the only format that will be accepted). As a reminder, late papers and re-writes are not accepted in this course. Assignments should be submitted using the following file naming convention:

`Last name_Assignment #`
Papers should adhere to the APA Writing Guide, 7th Edition. This includes but is not limited to APA formatting, font, text size, spacing, page numbering and reference citation. It is expected that students have a title page with running head. An abstract however is not required for any assignment.

Assignments in this course are graded on both content (thoroughness, clarity, completeness, depth, substantiation) and style and organization (grammar, spelling, editing, cohesion, clarity, creativity, APA style). Specifically, assignments should be: 1) relevant and understandable with logical flow and organizational structure; 2) smooth and clear with transitions between/among ideas and cohesive; 3) interesting, independent and creative, salient and appropriately use the literature in support of your arguments. Please note: when referring to yourself in writing, use 3rd person (e.g. this writer, this student) and when writing about a client/patient, please always write in past tense.

**Assignment 1: In-class Support Group Critical Analysis of Other**

The purpose of this assignment is to develop skills of analyzing others group work practice and understanding how theory guides practice in order to enhance your own. The exercise involves identifying, studying and generalizing the actions of the social work facilitator and preparing peer consultation feedback. This assignment is based on the In-class Support Group.

The assignment should be no more than 7 pages, using the format offered and APA 7th edition. Citation of relevant course readings is expected in Part 3.

**Part I: Introduction**

Use the following outline for your ~1/2 page introductory paragraph (double spaced):

- Facilitator name
- Meeting #____ of 8
- Purpose of group
- Member description
- Facilitator significant identifying information
- Context of excerpt (brief statement of relevant events, issues or themes surrounding the process piece)

**Part II: Excerpt for Analysis** (single spaced)

Present a process recording excerpt from the group during which the facilitator tried to provide specific help to group members during a defined segment of the group session. The excerpt should be only one or two paragraphs long and should consist of 4 sequential actions by the facilitator. Underline the things the facilitator said and did. Where silence was the response, note this as an action. Number all the actions 1-4.

**Part III: Critical Analysis** (single spaced)

Analyze each intervention 1-4 (including the active silences) using the following format:
a. **Stimulus.** What happened in the group immediately before the facilitator responded (the stimulus could be internal or external to the facilitator).

b. **Interpretation of Stimulus.** How do you think the facilitator interpreted the meaning of the behavior at the time? Do you think the facilitator would see the situation differently now?

c. **Valued Outcome.** At the time, what immediate result the facilitator hoped might result from the action?

d. **Underlying Propositions.** What propositions support your analysis?
The use of three relevant citations is required for each analysis. Make a connection between the idea cited and the facilitator's action. Draw from the course readings; citations should be diverse and represent a range of theoretical supports.

e. **Summary of Thoughts.** Include a brief (one paragraph) summary of your thoughts about each analysis.

**Part IV: Reflection** (double spaced)

In 1-2 paragraphs, present a general summarizing statement about the facilitator’s actions in this chosen process excerpt. Include reflection on your own feelings, insights, lessons learned for your practice, areas for your own professional development.

**Part V: Peer Consultation Feedback** (double spaced)

In 1-2 paragraphs, provide peer feedback to the facilitator. Imagine that you were giving them feedback in a peer consultation session. Craft these paragraphs using course concepts and language, noting their areas of strengths and opportunities for growth.

*Example of Part II: Excerpt for Analysis and Part III: Critical Analysis*

**Excerpt for Analysis:**

Darren began the conversation by stating that he has struggled a lot with suicidal thoughts in the past. He mentioned that he has tried to kill himself numerous times. Kathy related to what Darren was saying as she talked of also having had past suicide attempts. She spoke of being in a coma for a week, a couple of years ago, after overdosing on bottles of prescription sleeping pills. Cheri related to what was being said by discussing the time she had tried to jump off a bridge and had broken several bones in her body. After a slight pause, she hesitantly stated that she too had been in a coma after this attempt. The facilitator said that it sounded like a frightening experience. (1) Cheri responded by nodding. The facilitator then asked the group what warning signs, if any, preceded their suicide attempts. (2) Kathy said that she feels more depressed and hopeless. She talked of feeling like she was in a dark endless tunnel. Al mentioned that he feels an intense feeling of doom. Jason mentioned that when he isolates, it’s usually a sign that something is definitely wrong. He continued to say how he is usually a “people person” and that it is dangerous for him when he starts to avoid friends and family. The group continued to share warning signs.

After a lull in the conversation, The facilitator asked the group what clients usually did upon recognition of their warning signs (3). Connie stated that when she starts dwelling on suicide, she gets
herself immediately to the hospital emergency room as her impulsivity is often out of control during those times. Al said that when he feels suicidal, that he obsesses on a suicide plan and almost always attempts it. Although he was talking of a previous suicide plan, I saw that members of the group were visibly getting upset. Thefacilitator intervened in the discussion by mentioning that it seemed like some clients were having a difficult time with the material being discussed. Darren said that though he thinks that suicide is hard to talk of, that it is important to discuss. He continued by saying that groups are a place where they’re supposed to talk of issues that affect them.

Critical Analysis:

(a) STIMULUS: Cheri’s hesitancy in sharing a past suicide attempt.

(b) INTERPRETATION OF STIMULUS: Cheri was feeling vulnerable and ambivalent about sharing her experiences with the group.

(1) Facilitator said that it sounded like a frightening experience.

(c) VALUED OUTCOME: Facilitator hoped that by empathizing with Cheri and by responding to her hesitation, she would feel validated and supported.

(d) UNDERLYING PROPOSITIONS:

* “Once the client experiences acceptance and affirmation from the worker, the likelihood of productive work increases” (DeJong & Miller, 1995, p. 61).

**“The worker’s gentle restatement of the client’s feelings has communicated to the client the worker’s understanding and compassion” (Shulman, 1999, p. 159).

***“…The practitioner may convey understanding of the client’s feeling state and verbalize the feeling explicitly through a reflective response that attends to the emotion suggested in the client’s nonverbal expressions” (Hepworth, Rooney, & Larson, 1997, p. 116).

(e) SUMMARY OF THOUGHTS: It was apparent by Cheri’s hesitation and body language that she was feeling ambivalent in sharing. The facilitator wanted to acknowledge the difficult content of the conversation and to support her in having shared with the group. Her silent response of nodding back and looking down showed the facilitator that she did not want to elaborate anymore. The facilitator could have affirmed the members’ courage and strengths in sharing their stories of such a difficult topic.

*Note: Continue as shown in #1 with an analysis of each of the actions of the facilitator (#s 2-4). Although most underlying propositions in the example above are direct quotes, you may want to paraphrase an author or refer to an idea of an author (cite the author’s name & date nonetheless). You may need to add a sentence explaining how you are connecting the concept or theory to the action taken (rationale for it).
Assignment 2: In-class Support Group Critical Analysis of Self

You are provided an opportunity to participate in an in-class support group this semester. The purpose of the group is to offer you an in vivo experience of being a group member as well as an opportunity to enhance your group facilitation skills. This assignment is designed to promote reflection on your group facilitation experience.

There are two parts to this assignment. Part I should be completed before your facilitation. Part II should be completed after the facilitation. Because you will have two opportunities to facilitate, you may complete this assignment based on either (but not both) of your facilitation sessions.

Part I: Using no more than 2 pages, prepare a session plan prior to your facilitation. Use the language and concepts of the course in your document. This document can be formatted to your needs and should include your name and the date. The session plan should evidence your careful attention to the following:

- Planning and flexibility
- Timing
- Group norms
- Process
- An articulated goal for the group session that advances the overall aim of the group, the stage of group development and the context of the session (i.e. what happened last week in group)
- Specific materials, activities, communication strategies
- On-line delivery and other group-specific considerations/needs

Due: 5:00 pm on day of facilitation, Canvas submission

Part II: Prepare a self-reflexive narrative of no more than 4 pages, APA 7th edition format. You do not need to include citations for this reflection, though you should use course concepts and language throughout. The narrative can be written using the first person ‘I’.

Please respond to these questions as completely and honestly as possible. You are not being graded on the quality of your practice, but an in-depth, thoughtful critical analysis of your effort is essential as is your extension of the current experience to future practice.

Narrative Elements

- Your name
- Session ___ of 8
- Was this your first or second facilitation? Why did you select this day for your reflexive analysis?
- Briefly summarize the session
- How did you prepare for this session? Reflect on your session plan. What went as intended and what required your flexibility? Was your preparation adequate?
- What was the group tone and atmosphere? What process factors were at work? Did you see any bonding/connections? Between whom? Was there any conflict? What was the source?
- What group member roles did you see played out in this session? (e.g. silent member, dominating, clown, peacemaker…)?
How well did you manage time in the session? What were the notable facilitators or detractors to time management?

What work (growth) was accomplished during this session? Consider individual and collective as well as member and facilitator growth.

Select two interactions from the session— one, that upon reflection, you feel went well and where your intervention worked for the group. What was your goal? Why do you think it went well? AND select one that you would like to be able to go back in time and do over. What would you have done differently? How might you have been more effective? What (exact words) could you have said or actions taken?

Due: 11:59 pm Tuesday following facilitation, Canvas submission

School/Course Policies

In May 2013, the UBC School of Social Work Council approved an Equity Action plan aimed at an equitable learning and working environment and creation of accountability measures for monitoring implementation of this plan. A key element in attaining this goal is ensuring that instructors and students are committed to maintaining a classroom environment free of any form of discrimination and racism and that welcomes and respects different worldviews, ways of knowing and social locations.

Attendance

The attendance policy is in the student handbook on page 8. You can find the student handbook on the Advising page of our website: https://socialwork.ubc.ca/undergraduate/advising/

The School considers class attendance to be an essential component of integrated learning in professional social work education. Therefore, regular attendance is required in all social work courses. Instructors may count repeated late arrivals or early departures as an absence, and a meeting should be setup to discuss this with the student. If students miss three or more classes, they may be considered to have not met the requirements of the course. If students have valid reasons, they could be withdrawn from the course with the approval of the instructor – otherwise, they would fail the course.

Other school policies can be accessed through the School of Social Work student handbook.

Academic Work

It is recommended that students retain a copy of all submitted assignments (in case of loss) and should also retain all their marked assignments in case they wish to apply for a Review of Assigned Standing. Students have the right to view their marked papers with their instructor, providing they apply to do so within a month of receiving their final grades. This review is for pedagogic purposes.

Academic Honesty and Integrity: All work submitted in this course must be your own and it must be produced specifically for this course. (If you wish to incorporate some of your prior work into a course assignment, you must have prior approval of the instructors). All sources used in your work (ideas, quotes, paraphrases, etc.) must be properly acknowledged and documented.
SOWK 528A Course Outline

It is plagiarism to lift words, sentences, and paragraphs from websites, books and journals or to summarize another person’s ideas and present them as yours without proper citations. It is plagiarism to use another student’s work (current or past) as your own.

Violations of academic honesty will be taken seriously. Please review the UBC Calendar “Academic regulations” for the university policy on cheating, plagiarism, and other forms of academic dishonesty. Also visit www.arts.ubc.ca and go to the students’ section for useful information on avoiding plagiarism and on correct documentation. Consequences may include failure in the course and suspension from your academic program.

Course Resource Material

Assigned readings also include articles from journals such as Social Work with Groups, Small Group Behavior, Social Work, Journal of Marriage and the Family, Social Caseworker, and other journals and reading materials having to do with group process, systems, and modalities used in groups.


**Appropriate Use of Electronic Devices**

Non-academic use of laptops, tablets and other electronic devices are distracting and seriously disrupt the learning process for everyone. Neither computers nor other e-devices are to be used during synchronous class sessions for non-academic reasons. This includes e-mailing, texting, social networking, and use of the Internet.

**Protecting Confidentiality**

The student must respect all guidelines of confidentiality as outlined in the Canadian Association of Social Workers (CASW) Code of Ethics ([https://casw-acts.ca/en/Code-of-Ethics](https://casw-acts.ca/en/Code-of-Ethics)). No information that could potentially identify a client of any service system will be used in class discussions or assignments. If case material or client information are incorporated into papers, assignments, and/or the classroom, it is necessary to comply with agency policies about confidentiality and to always disguise case material.

For all assignments, your work is respected as private. However, if the instructors/teaching assistant have reason to believe your professional and/or academic development are of concern, or if client safety is a concern, a copy of your work (including work that is spoken) may be retained and/or shared with other faculty, program administrators, or any other person who may need to be involved as part of the process of resolution.

**Copyright**

All materials of this course (course handouts, lecture slides, assessments, course readings, etc.) are the intellectual property of the Course Instructor or licensed to be used in this course by the copyright owner. Redistribution of these materials by any means without permission of the copyright holder(s) constitutes a breach of copyright and may lead to academic discipline.

Recording of synchronous class sessions, small group discussions or meetings is prohibited unless express permission is obtained from the course instructor and students.


**Learning Resources**

- UBC Learning Commons has a variety of tools and information such as; borrowing equipment, academic integrity ([APA Citation Guide](https://learningcommons.ubc.ca/)), writing support, skills for class, skills for life and academic support to assist students in their learning. For learning resources, visit: [https://learningcommons.ubc.ca/](https://learningcommons.ubc.ca/)
Class rosters are generally provided to the Course Instructor with students' legal names; however, I am happy to honour your request to address you by the name and/or gender pronoun(s) you use for yourself. Please advise of this as soon as possible so I can ensure use of your correct name and pronouns in this space. If you need general support around this issue, please also be aware that Trans and Gender Diversity at UBC can provide advocacy in ensuring that all of your instructors are using the name/pronouns you use. (https://students.ubc.ca/campus-life/diversity-campus/trans-gender-diversity)

UBC School of Social Work and the Course Instructor are committed to providing accommodations for students with disabilities. Accommodations are collaborative efforts between students, faculty, and the Centre for Accessability. Students with accommodations approved through the Centre for Accessability Office are responsible for contacting the course instructors prior to or during the first week of the term to discuss accommodations. Students who believe they are eligible for accommodations but who have not yet registered with the Centre for Accessability should do so immediately (http://you.ubc.ca/ubc-life/campus-community/students-disabilities/).